

Year 3, Semester 1	Name of Subject	Credits
	Psycho-pathology (F)	3
	Schools and Perspectives in Psychology (F)	2
	Developmental Psychology (Maj)	3
	Psychological Assessment (F)	3
	Psychological Assessment Practical (F)	1
	Research Methods - I (Maj)	3
	Statistics in Psychology (Maj)	3
		18
Year 3, Semester 2		
	Research Methods-II (Maj)	3
	Group Research (Maj)	1
	Theories of Personality (F)	2
	Biological Basis of Behavior (F)	3
	Data Analysis using SPSS (Maj)	3
	Social Psychology (F)	3
	Health Psychology (Maj)	3
		18
Year 4, Semester 1		
	Experimental Psychology (F)	3
	Lab Experiments (F)	2
	Elective-I	3
	Elective-II (Practicum / Case Reports)	3
	Active Citizenship/Voluntary work/ Community work (F)	Mandatory
	*Research Thesis (Maj)	4
		15
Year 4, Semester 2		
	Positive Psychology (Maj)	3
	Peace Psychology (Maj)	3
	Elective-III	3
	Elective-IV (Practicum / Case Reports/Internship)	3
	Research Thesis (Maj)	4*
		16



BS PSYCHOLOGY

THE DOOR TO SUCCESS

The study of the human mind may be the most enigmatic path to follow. Much has been researched, much is still to be explored. Since our successes in life largely depend on how likeable and acceptable are we to others, it is imperative to study the human mind and behavior in order to win over people around us. The modern educationists believe, Psychology must be studied as a foundation of other areas of knowledge.

At Al-Kawthar, BS Psychology is taught in our typical style, the case study (problem-solution) method. This method of teaching has now been adopted all over the world as it instigates critical and analytical thinking. Situation based learning allows the student to test the theories themselves; actual learning takes place. A unique feature of BS Psychology at Al-Kawthar is the addition of the Islamic perspective which renders a completion effect.

Additionally, Al-Kawthar Training Institute contributes to the learning process by conducting relevant workshops for hands on experience. It also arranges seminars and invites experts to interact with our students. Therefore, learning at Al-Kawthar is a complete experience.

RESEARCH

A great focus on high quality research is a priority, which is supported by foreign qualified PhD faculty, an exhaustive library, online access to top quality research journals, and a strong support structure. An exclusive area, dedicated only for researchers is housed within the Central Library.

ENVIRONMENT

Al-Kawthar is housed at main University Road, opposite Safari Park, Gulshan e Iqbal. As you step in, a spacious, visually pleasing campus welcomes you. Besides academic facilities like the library, computer labs, and technologically equipped classrooms, you can always enjoy the luxury of a modern gymnasium, multi-purpose courts, and indoor games facilities. For quick snacks and meals, a well maintained and clean cafeteria awaits you.

To top it all, the masjid, overwhelming with its architecture and capacity stands as a crown jewel inside the campus.

THE FINAL OUTCOME

The Psychology program at Al-Kawthar delivers a deep understanding of the subject, the ability to use knowledge for a successful life, and the insight to analyze the self objectively and strengthen it positively.

Let's Begin the Change!

BS Psychology (4 Year Degree Program)

Year 1, Semester 1	Name of Subject	Credits
	English-I	3
	Pakistan Studies	2
	Mathematics	3
	General Education Course-I	3
	General Education Course-II	3
	Introduction to Psychology (F)	2
		16
Year 1, Semester 2	English-II	3
	Islamic Studies / Ethics	2
	Introduction to Computers	3
	Applied Areas of Psychology (F)	2
	Practicals in Psychology (F)	1
	General Education Course-III	3
	General Education Course-IV	3
		17
Year 2, Semester 1	Communication Skills (Eng III)	3
	Cognitive Psychology (Maj)	3
	Biology	3
	General Education Course-V	3
	General Education Course -VI	3
	Environmental Psychology (Maj)	3
		18
Year 2, Semester 2	Language (any UN language)	3
	General Education Course -VII	3
	General Education Course -VIII	3
	Cross Cultural Psychology (Maj)	3
	Ethical Issues in Psychology (F)	3
	Gender Issues in Psychology (Maj)	3
		18